

Royal Tea

Receipts



FOR YOUR DOCTOR

The Tea on STIs

Black women are diagnosed at higher rates than white women:

Gonorrhea	Chlamydia	HIV	Syphilis
8.4x	5.1x	3.1x	7x

You Can Never Be Too Sure

At your next appointment, you can request a full panel of tests and specifically ask for the following:

- Pap Test (HPV, Cervical Cancer)
- Urine Sample (Chlamydia, Gonorrhea)
- Blood Test (Herpes, Hepatitis, HIV, Syphilis)

Make Sure Your Clap Back Game Is Strong

If they say you don't need it, ask them to note "refusal to treat" on your chart and find a new doctor who cares as much about your health as you do.

Stay Ready So You Don't Have to Get Ready

- Go to your doctor and get tested for STIs
- Be sure to ask your doctor for a Pap Test
- Get tested if you've been sexually active at any point in your life.
- Be empowered to get tested at any age



FOR YOUR PARTNER

The Tea on STIs

Getting tested is the only way to clarify you're STI free.

About 1 in 7 people in the U.S. who have HIV don't know they have it.



You Can Never Be Too Sure

Ask your partner about their sexual health history and get tested together!

- Urine Sample (Chlamydia, Gonorrhea)
- Blood Test (Herpes, Hepatitis, HIV, Syphilis)

Make Sure Your Clap Back Game Is Strong

Remind them that your health and sex life are better when you are worry-free b/c you know your status and theirs.

Stay Ready So You Don't Have to Get Ready



- Use water-based lube while sexually active
- Use condoms while sexually active
- Get tested with your partner before you seal the deal
- Be empowered to have tough conversations that matter